



Hormel HealthLabs

Sin Free®

*Reduced Calorie and
Fat Free Desserts*



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HEALTHCARE SOLUTIONS

Bridging the Gap between Function and Flavor™

HealthLabs

NUTRITIONAL



- Great Taste
- Easy to Prepare
- Broad Menu Applications

Sin Free®

Reduced Calorie and Fat Free Desserts



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Hormel HealthLabs is proud to present Sin Free® Reduced Calorie and Fat Free Desserts.

Sin Free® cake mixes are completely fat free, but you'd never know by the taste. Their convenient "just add water" preparation allows you to provide the homemade taste without the hassle. Whether your making a cake or cupcakes, at only 90 calories per serving, everyone will be smiling. In addition, the one year shelf life means that you can keep it on hand for those unexpected menu needs.

Meeting the dietary requirements for every resident is a constant challenge. Sin Free® Reduced Calorie Puddings and Custards make the job of the dietician or dietary manager a lot easier. Tasty enough to be served across the entire menu, the low calorie content makes them an obvious choice.

Our Reduced Calorie Sorbets are a perfect alternative to high calorie, high sugar desserts. Each has 40 calories or less and is completely fat free and lactose free. Suitable for clear liquid and diabetic diets, the 3 ounce single serve portion is perfect for the nurse's cart. Available in lemon, strawberry or orange, these sorbets may be low on calories, but they are big on taste.



Nutritional Facts*

Product Description	Calories	Protein	Carbohydrate	Fat	Cholesterol	Sodium	Potassium
Fat Free Cake Mix							
Yellow	90	2 g	21 g	0 g	0 mg	180 mg	30 mg
Chocolate	90	2 g	20 g	.5 g	0 mg	195 mg	50 mg
Reduced Calorie Pudding and Custard Mix							
Vanilla Pudding	30	0 g	6 g	0 g	0 mg	70 mg	240 mg
Chocolate Pudding	30	0 g	6 g	0 g	0 mg	115 mg	190 mg
Butterscotch Pudding	30	0 g	6 g	0 g	0 mg	75 mg	240 mg
Custard Mix	80	0 g	12 g	1 g	20 mg	140 mg	300 mg
Reduced Calorie Fruit Sorbet							
Lemon	35	0 g	8 g	0 g	0 mg	10 mg	5 mg
Strawberry	35	0 g	8 g	0 g	0 mg	10 mg	5 mg
Orange	40	0 g	10 g	0 g	0 mg	10 mg	5 mg

* Unprepared

	Item Number	Case Pack	Case Dimension (l x w x h)	Case Cube	Net Weight	Gross Weight	Pallet Pattern	Case/ Pallet
Fat Free Cake Mix								
Yellow	12524	6/18.3 oz.	11.7" x 9.2" x 5"	.31	6.86 lb.	7.96 lb.	17 x 8	136
Chocolate	44726	6/18.3 oz.	11.7" x 9.2" x 5"	.31	6.86 lb.	7.96 lb.	17 x 8	136
Reduced Calorie Pudding and Custard Mix								
Vanilla Pudding	34682	12/2.8 oz.	7.9" x 5.4" x 8"	.20	2.10 lb.	2.50 lb.	45 x 5	225
Chocolate Pudding	23813	12/2.8 oz.	7.9" x 5.4" x 8"	.20	2.10 lb.	2.50 lb.	45 x 5	225
Butterscotch Pudding	11523	12/2.8 oz.	7.9" x 5.4" x 8"	.20	2.10 lb.	2.50 lb.	45 x 5	225
Custard Mix	29929	6/24 oz.	15.3" x 8.1" x 8.3"	.60	9.00 lb.	11.00 lb.	15 x 5	75
Reduced Calorie Fruit Sorbet								
Lemon	44963	48/3 oz.	11.4" x 8.7" x 7.6"	.44	9.00 lb.	11.00 lb.	17 x 10	170
Strawberry	32018	48/3 oz.	11.4" x 8.7" x 7.6"	.44	9.00 lb.	11.00 lb.	17 x 10	170
Orange	37693	48/3 oz.	11.4" x 8.7" x 7.6"	.44	9.00 lb.	11.00 lb.	17 x 10	170

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